



South Texas SPINE & SURGICAL Hospital

proudly owned & operated by physicians

Nurse Navigators

The Nurse Navigator serves to be an advocate, educator, and experienced guide for patients, as well as family members, throughout the surgery continuum.

- Provide Pre and Post-Operative Surgery education and education resources for patients and their families to prepare them and improve outcomes for surgery.
- Provide expertise as a professional registered nurse with orthopedic and spine clinical knowledge.
- Patient Care Coordination with Physicians, Managers, Nursing Staff, Case Management and Physical Therapists.
- After surgery, follow up with patients for up to a year while collecting data for quality improvement.

The Role includes acting as a resource for nursing staff for routine and complex problem solving, education and continuous performance improvement efforts.



**Angelique Alonzo, BSN,
RN, CMSRN**

**Orthopedic Nurse
Navigator**



**Alexis Escobar, BSN,
RN**

**Spine Nurse
Navigator**